

## Camping Nights

8

## Hotel Nights

5

## Maximum Altitude

4760 meter

## Trek Difficulty

Soft

## Best Season

May to October

Golden Peak Tour's one of the most specialized treks in Pakistan includes Rush Phari Trek in the Karakoram. Rush Phari means sparkling Lake. It is one of the most recommended treks for those who want to have a first time trekking experience with a life long excitement.

We walk on glaciers, through villages to a look at the real life of those living at foot steps of mighty glaciers, along the irrigated terraced fields with the impressive view of the mighty Karakoram Mountains from summit of Rush Peak (5098 Meters). It is the junction of two famous glaciers of Barpu and Bualter. It is interesting that local legends talk about the gender of these glaciers of being male and female and also about their meeting and birth of the new glaciers. Our trek starts at Hoper, a marvelous valley with green fields and fruit orchards which is also famous for its potato seeds which are exported to other parts of Pakistan especially in Northern Areas. If you have enough skill you can climb Push Peak.

## Itinerary

Day	Programme		
1	Arrival Islamabad	8	Rush Lake - Datchugan
2	Islamabad-Chilas	9	Datchugan - Hamdar
3	Chilas - Hoper (First day of camping)	10	Hamdar – Hoper -Karim
4	Hoper - Shiskin	11	Karimabad – Khunjerab
5	Shiskin - Barpu Giram	12	Gulmit - Chilas
6	Barpu Giram - Rush Lake	13	Chilas - Islamabad
7	Rush lake - Rest day	14	Departure



